



Fabric Face Mask (With Pocket Option)

Watch Cindy's Tutorial on our Riley Blake Designs YouTube channel

When printed at
actual size this square
should measure
1x1 inches

IMPORTANT INFORMATION: The facemasks and patterns described in this video are not considered Personal Protective Equipment (PPE) and cannot prevent the spread of any virus or disease. These facemasks should only be used by Health Care Professionals as supplemental protection or to help extend the life of N95 or other PPE masks as described by the CDC in Strategies for Optimizing the Supply of Facemasks.

Mask Instructions

(With Pocket Option)

Supplies needed: 8 inches by width of fabric and Template

Optional Recommended Item: pipe cleaner or related item

1. Cut out 3 face pieces using template (See Youtube video for cutting instructions). *If you are not adding the pocket, only 2 face pieces are needed, and you can disregard pocket assembly instructions on subsequent steps.
2. From remaining fabric cut out 2-inch strips for face mask strap. You will have one long piece and 3 shorter strips. Sew 3 strips together to make a second-long strap and set aside your two straps.
3. On the 3 face pieces, mark darts on wrong side of fabric (for the nose and chin) and sew darts.
4. Trim darts on all the face pieces. For adding a pocket, take the 3rd mask piece and on the 2 sides, roll $\frac{1}{4}$ inch twice and top stitch.
5. Take the 2 face mask pieces and put wrong sides together matching up the corners, chin and nose darts, and pin. To add the fabric pocket (the face piece with the two sides sewn) place right side out on top of the other two face pieces to make the inside of your mask and line up the nose and the chin section pinning all three layers as you open up your seams to reduce bulk. Pin top and bottom parts of the mask.
6. Take your template and on inside of the mask -the side with the pocket. Mark your pleats. Please note there are 3 pleats per side $\frac{3}{8}$ -inch wide and $\frac{3}{4}$ inch apart. Pin your pleats. Sew around your mask with a scant $\frac{1}{4}$ inch.
7. Prepare your bias tape using your two strips of fabric. It is helpful to use a 1-inch bias tape maker, but if you do not have one (see video instructions) fold two sides to the middle and fold again.
8. From each of the two bias strips cut a 3-inch strip.
9. Apply the 2- 3inch of bias strips to the side of the mask.
10. Take remaining bias tape and make your mask straps. Find the center of each of the straps. Pin the center of one strap to the nose and take the second strip and pin it to the chin.
Optional: if you have a pipe cleaner add it now before you sew your bias strip shut...add it to the nose section under the bias strip. Start at one end of the strap and sew the length of the strip. You will need to fold under the raw edge at each strap end when you start and stop.
Your mask is Finished.

Mask Template

